

EUREKA REVIEW

VOLUME 13, ISSUE 8

**AUGUST 2021** 

## Timtic Silver Jubilee 2021 Grand Marshals Rom & Norma Nelson



Ron and Norma Nelson were born and raised in Eureka and they recently celebrated their 60<sup>th</sup> wedding anniversary at Sundance with family and friends. Ron served his country in the Navy for four years; after returning home from military service, he began working for Dugway Proving Grounds where he worked for 35 years. Norma had numerous jobs throughout her life and enjoyed time spent working with her Eureka friends.

The Nelsons were active in the community and enjoyed supporting Tintic High School activities from the time their children were in school to the 42 years Ron served on the Tintic School Board. Ron graduated from THS in 1955 where he served as the Student body president. Norma graduated in 1981 after going back to school to finish her high school diploma. Their children Lee, Teresa, Sherry and grandson Derrick, were also graduates of Tintic High. Ron served as the secretary for the Tintic Elks Lodge 711 for 36 years where he participated in numerous service activities

for the Eureka community. Norma was always by his side to support whatever he was involved in.

The Nelson family enjoyed camping and hunting and was especially excited when they traded in the old sheep wagon for a brand-new Rancho El Rae trailer. They all have fond memories of deer hunting and Fish Lake camping trips. Golfing and traveling with friends was something they especially enjoyed later in life. Currently their favorite activity is to gather the family in Eureka for monthly parties and celebrations. Their grandchildren Derrick, Angela, Nickolas, Emilee and Bobby have always been an important part of their life. They supported them in whatever endeavors they were involved in and were always their greatest cheerleaders. The next generation of Nelson children include five great granddaughters and three great grandsons. Ron and Norma are proud to be live in the Eureka community and honored to be the Grand Marshals for the Tintic Silver Jubilee celebration.

## TINTIC SILVER JUBILEE EUREKA, UTAH

# August 20-21, 2021



	Tintic Silver Jubilee							
	Schedule of Events	August 20-21, 2021						
Friday—August 20, 6:00 pm -	2021 Petting Zoo - Tintic High School FFA							
9:00 pm -	Drive-In Movie at Tintic High School Parking Lot The Apple Dumpling Gang Concessions Available for purchase (All proceeds will go towards Tintic High Sch	1001 Boys Basketball)						
Saturday—August 21, 2021								
6:00 am - Check in Patia Lynn Christensen 5K Memorial Fun Run (Hosted this year by the Tintic High School Cheerleaders and Volleyball Team)								
7:00 am -	5K Memorial Fun Run Begins at City Park.							
7:00 am -	Youth Pancake Breakfast at the L. D. S. Church Parking Lot							
8:00 am -	Silent Auction at the Company Store, Main Street Bids taken up until 5:00 pm							
8:00 am -	Vendor Check in at City Park							
9:00 am -	Parade Line-up at the Tintic High School Parking Lot							
9:30 am -	Tintic Motorcycle Museum's 5th Annual Bike Show, 205 West Main Street Registration: 9:30 am to 11:30 am, Awards Given at 3:30 pm							
10:00 am -	Parade Begins							
11:00 am -	Car Show at City Park (Lower Ballfield) Raffle - Awards given out at 2:00 pm							
11:00 am -	Inflatables and Climbing Wall at City Park 11:00 am to 3:00 pm (Top Ballfield)							
1:00 pm -	Horse Shoe & Corn Hole Tournaments at City Park Registration opens							
2:00 pm -	Horse Shoe & Corn Hole Tournaments Begin							
3:00 pm -	3 on 3 Basketball Tournament (all proceeds will go towards)	Lady Miners Basketball)						
7:00 pm -	<ul> <li>Ice Cream Social at City Park Raffle, Food, Fun &amp; Live Entertainment</li> </ul>							



TIATIC SILVER JUBILEE PRESEATS

AGES: 1-4 YRS AGES: 5-8 YRS AGES: 9-12 YRS



WHEN FINISHED TAKE YOUR COLORING PAGE TO THE EUREKA CITY HALL TO BE HUNG UP BE SURE TO HAVE YOUR FULL NAME AND AGE ON PAPER WINNERS WILL RECEIVE A PRIZE AND THEIR COLORING PAGES WILL BE FEATURED IN THE EUREKA REVIEW IN THE FOLLOWING MONTH

DEADLINE FOR EURNING IN COLORING PAGES IS AUGUSE 27EH.

The second

# Name:



**Extension Education** 06/09/2021 Tasha Killian

#### **Summertime Mental Health Tips**

Although the weather is heating up, the kids are out of school, and the sun in shining, summertime can still be hard on our mental health. Many people think that because there is more vitamin D, there is automatically less mental health issues, but that is not accurate. According to researchers there are many different reasons as to why summertime can bring on the blues, even though the sun in shining (Borges, 2019). Some of these reasons are lack of structure, loneliness, fear of missing out, and unrealistic expectations. If you find yourself feeling a little more anxious or depressed this summer, there are some ways to combat that, here is just a few.

Combating Summertime Blues Tip #1: Evaluate your (and others) expectations of what summer Social media seems to have should look like. influenced our expectations even more and made it harder to be realistic what we can do. A lot of the reason why summertime feels so hard is because we tend to build it up in our head (Borges, 2019). This can look like "during summer I will finally do BLANK" or "this will be the best summer ever." When we try to reconcile our expectations with reality.

Combating Summertime Blue Tip #2: Children are often times the ones who struggle the most mentally during the summertime. This is due to the lack of structure which they are used to having. To help combat that, plan events like play dates, signing Borges, A. (2019, June 21). Summer Depression is a Thingyouth up for summer programs such as 4-H or sports, even having them attend daycare can maintain somewhat of the structure they are used to.

**Combating Summertime Blues Tip #3:** Find ways to keep chilled. Although there is not a lot of research available on the subject, there has been some studies which show that higher and hotter temperatures can exacerbate mental health issues. This can be due to increased daylight, heat stress, and disruptions in biological systems (Whitley, 2021). Finding a way to keep cool during the summer and making sure you are taking a physical inventory when you are going to be out in the heat for long periods of time can help you keep you chill not only physically, but mentally as well.

Combatting Summertime Blues Tip #4: Use vacations to your advantage! Science has shown that vacations give us something to look forward to and be excited about. This naturally releases dopamine and can help fight summertime blues. Vacations do not always have to be long or expensive. Research supports that even a quick weekend getaway can have the same effect as having a week-long vacation (Whitley, 2021). That means you can easily take a few days here and there and re-charge and refresh your mind helping you make it through the summer.

Combatting Summertime Blues Tip #5: Socialize to stay alive! For some this is easy to do, whereas others may struggle. Being able to connect to a social network can help you avoid the loneliness cycle. Although it may be hard to reach out or put yourself in a new situation, making small talk, creating connection, and looking for opportunities to connect with others can really help this summer.

Although summer does not normally get the rep for being the season of the blues, it can have a negative effect on your mental health. Making sure you are taking care of yourself and helping others take care of themselves can help you fight off the summertime blues and have an enjoyable and mentally healthy summer season!

#### **References:**

- A. (2018, October 17). Staying Mentally Healthy Over the Summer. Join the Conversation. https:// letstalkstigma.org/staying-mentally-healthy-summer/ #:%7E:textAdults%20can%20experience%20the% 20same,(SAD)%20during%20the%20summer.
- Here's How to Deal. SELF. https://www.self.com/ story/summer-depression-tips
- Whitley, R. W. (2021, April 22). Summer Loneliness and Mental Health: The Time to Act is Now. Psychology Today. https://psychologytoday.com/us/blog/talkingabout-men/202104/summer-loneliness-and-mentalhealth-the-act-is-now



## **OBITUARIES**



## Willie Lujan

#### June 2, 1937 - June 15, 2021

Our loving father passed peacefully over to our Heavenly Father on Tuesday June 15, 2021 at the age of 84.

He was a loving and kind man with a vast knowledge of just about anything the conversation held. Dad was a hard working man all his life and always lent a hand to anyone in need. He had a contagious smile and a very witty attitude, always joking about one thing or another.

Willie was born June 2, 1937 in Mora, New Mexico to Guillermo and Maggie Lujan. They later moved to Utah. He married Linda Valdez and had two children and later divorced. He then married Jennie Cordova Lujan and had three children that they raised together in Eureka, Utah. Willie and Jennie left the Utah area to settle down and retire in the beautiful resort town of Coeur d' Alene, Idaho.

Dad was preceded in death by his wife Jennie Lujan, mother and father, his brother Ernest Lujan and his son Victor Lujan.

He is survived by four sons, Steve Lujan (Claudia), Anthony Lujan of Roy, Utah, Tommy Lujan and Paul Lujan both of Coeur d' Alene, Idaho. He is also survived by his eight grandchildren, four great-grandchildren, brothers Charlie Lujan (Carla), Robert Lujan (Robin) and his sisters Rose Pena, Emma Maez (Billy) and Tina Hernandez.

There will be a visitation held on Wednesday June 23, 2021 from 5:00PM to 7:00PM at English Funeral Chapel, 1133 N. Fourth Street Coeur d' Alene, Idaho 83814.

Mass of Christian Burial will be held on Thursday June 24, 2021 at 10:30AM at St. Pius X Roman Catholic Church, 625 E. Haycraft Ave. Coeur d' Alene ID 83815. The graveside service with Honors will follow at Washington State Veterans Cemetery at 1:00 PM, 2172 W. Espanola Rd, Medical Lake, Washington 99022



## Morley Henry Petersen

October 01, 1927 - July 28, 2021

On July 28, 2021, Morley Henry Petersen passed away at the age of 93 in his home in Provo, Utah.

Morley was born October 1, 1927, in Knightsville, Utah to Peter and Trine Petersen, the ninth of ten children.

Morley was preceded in death by his parents Peter and Trine, his brothers and sisters Hilda, LeRoy, Anker, Gertrude (died as an infant), Gertrude (2<sup>nd</sup> Gertrude), Ruth, Marvin, Victor, and Phyllis. He also leaves behind his good friend of 45 years, Dee Mortensen.

He grew up in Eureka, Utah, where he attended school, graduating from Tintic High School in 1945. He loved his family and spoke fondly of his childhood in this small mining community.

He was called into the U.S. Armed Forces in October, 1950, serving two years in the U.S. Army. He spoke often of his time stationed in Frankfurt Germany.

After being discharged from the Army in 1952, he enrolled in Brigham Young University, graduating in June of 1957 with a B.S. in elementary Education and minor in Art and Music. He taught school in Eureka, Price, Payson, Spanish Fork, and Springville, Utah, throughout his teaching career.

Morley is survived by friends and too many nieces and nephews to name, who all loved him.

He loved family and family history. Morley was the Petersen family Historian writing and sharing many volumes of handwritten journals about his life and the lives of his entire family.

His graveside service will be held on August 3<sup>rd</sup> at the Eureka City, Utah cemetery at 11:00 am.

## COMMUNITY

## Eureka City Corporation List of Candidates

For the 2021 Municipal Election

## Mayor (4 Year Term):

Christopher Joe Dever, Sr.

## Council Member (4 Year Term):

Greg W. Evans

Neils Wright

Kimberlee Clem

Robert E. Trepanier

## Council Member (2 Year Term):

William "Brian" Curtis

## **REMEMBRANCE PROGRAM**

The Nephi Lions Club is sponsoring a Remembrance Program to be held on Saturday, September 11, 2021 at the Nephi City Park large bowery area starting at 7:30 am.

They are encouraging all Veterans, Police Officers, EMS and Firemen to attend. There will be a Special Guest Speaker, a beautiful program lined up and a large auction is being prepared with bakery goods so please pass the word for all the good bakers and candy makers in your communities and have them contact us for more information. We need quilters and handicrafts for donations to the Auction. We will have a special invitation for all those who enter items in the County Fair.

There will be several flag retiring programs. If you have flags you would like to see or help retire, please fold them and bring them with you before the 7:30 am start or any day before.

Remember the Nephi Lions Club will be providing a free breakfast for all mentioned agencies personnel as well as their spouses or partners. Asking for a small donation of suggested \$7.00 for all others. Please help us by supporting this special program. For more information, please contact us at the following numbers:

Robert Painter 435-660-9508 Nephi Lions Club

Blair Painter 435-660-1161 Commander American Legion Post #1



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## ADVERTISE

Advertise your business in the Eureka Review. The Eureka Review is also online on the City website: www.eurekautah.org

1/8 page \$3.00 1/4 page \$6.00 1/2 page \$12.00 Full page \$24.00

Contact the Eureka City Office at (435) 433-6915 or email at eureka15@cut.net Deadline is on the 25th of each month

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# August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 City Council Work Meeting 7:00 pm	3	4	5	6 BPOE ELKS Meeting 8 pm	7
8	9 City Council Meeting 7:00 pm	10 Ladies of ELKS Meeting 7 pm	11	12	13	14
15	16	17	18 School Starts	19	20 BPOE ELKS Meeting 8 pm	21 TINTIC SILVER JUBILEE
22	23	24 Ladies of ELKS Meeting 7 pm	25 Food Bank 1-2 pm	26 Planning Meeting 7:00 pm	27	<b>28</b>
29	30	31				

# September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	BPOE ELKS Meeting 8 pm	4
5	6 City Office Closed For Labor Day Holiday	7 City Council Work Meeting 7:00 pm	8	9	10	11
12	13 City Council Meeting 7 pm	14 Ladies of ELKS Meeting 7 pm	15	16	17 BPOE ELKS Meeting 8 pm	18
19	20	21	22	23	24	25
26	27	28 Ladies of ELKS Meeting 7 pm	29 Food Bank 1-2 pm	<b>30</b> Planning Meeting 7:00 pm		