

EUREKA REVIEW

Bill

VOLUME 13, ISSUE 1

JANUARY 2021

Tintic Silver Jubilee Presents TALL TALE 2021

When finished, take your coloring page to the Eureka City Hall to be hung up. Be sure to have your full name and age on paper. Winners will receive a prize and their coloring pages will be featured in the Eureka Review in the following month.

> DEADLINE FOR TURNING IN COLORING PAGES IS JANUARY

Pecos

I'm a ring tailed roarer. I can draw faster, shoot straighter, and ride harder than any man alive, I'm the rip-snortinest cowboy that ever rode North, South, East or West of the Rio Grande. I'm **Pecos Bill**! Yee ha-ha!

Ages: 1-4 yrs Ages: 5-8 yrs Ages: 9-12 yrs





Local Author's Book Highlighted in International Magazine with $\star \star \star \star \star Review$



"Farewell is a realistic story that takes place in the 1940s during World War II and the years following the war. It's brutally honest, but never sinks into crude

language or offensive descriptions. The story covers a large spectrum of dilemmas, several very different settings, and an array of moral choices. The characters are realistic and easy for readers to sympathize with and in some cases dislike or despise. Excellent research has gone into the production of this book. This is one of those books a reader will never forget and will have a hard time setting down. https://latterdaysaintmag.com/latter-day-saint-fiction-a-realistic-look-back-in-time/

Farewell, Fleeing Repatriation nominated for the prestigious



Whitney Award

"We will yet have Miltons and Shakespeares of our own. Above all things, we must be original. Our mission is diverse from all others; our literature must also be."

Grow F. Miltury

Autographed copies available at the Gas Hole and Troy Boy's Can be borrowed through the Bookmobile Digital and print copies also available on Amazon.

COMMUNITY

Tasha Killian Extension Education 12/09/20

The Importance of Traditions in 2020

This year has thrown many new challenges to parents. Maintaining a routine and helping your family stay stable during this time of chaos can be hard. We have gone from knowing when school, ballet and soccer are scheduled to needing to find activities for your children to do, make sure they can get online and participate, and try to maintain some sort of normal. If you are struggling to keep a level of sanity during this time, you are not alone.

According to researchers in Colorado and Arizona, COVID-19 is an outside stressor that has the potential to overwhelm parents (Brown, et al., 2020). They theorize that because there is little control over the actual events happening, strain is being put on relationships between parents and children. However, there are things you can do to combat these issues. According to the same researchers, parents who have perceived control over their circumstances tend to have less stress and better relationships. One way you can create this perceived control is by incorporating traditions into your routine.

According to researchers at BYU traditions provide a sense of identity, a source of strength and a sense of connection for families (Newell, n.d.). As we enter the holiday season for the year 2020, it may be a good idea to think through traditions you currently have and work on ways to adapt them based on your local guidelines and family traditions. For example, if you are unable to travel to visit family for the holidays, you can utilize technology and have a game night via Zoom or set an extra place at the table and Facetime during dinner. You also have the option of adopting completely new traditions.

Some of the best traditions are born from spontaneity. For example, one Christmas Eve at my home, there were some circumstances out of our control that left my mom feeling tired and needing a new dinner option. The solution she came up with was ordering Chinese take-out. This has now become a yearly Christmas Eve tradition we all look forward to each year. With all the change that has happened this year, it may be a perfect time to start a new tradition like a costume fashion show or a Thanksgiving baking contest.

Traditions may seem like they are harder to implement this year, but this may be one of the most important years to implement them. As parents struggle with the current situation and the lack of control that seems to accompany a world-wide pandemic, being able to implement traditions can provide your family with strength, connection, and a sense of identity. It can also give parents the ability to control something, even if it may seem small, and know they are making a difference. Whether your traditions will need to be adapted, built or can stay the same this year, remember traditions can be powerful tools to bring your family closer together.

References:

Brown, S. M., Doom, J. R., Lechuga-Peña, S.,
Watamura, S. E., & amp; Koppels, T. (2020).
Stress and parenting during the global
COVID-19 pandemic. *Child Abuse & Neglect.* doi:10.1016/j.chiabu.2020.104699

Newell, L. (n.d.). Traditions a foundation for strong families. *Marriage & Families*. Retrieved from https://scholarsarchive.byu.edu/cgi/viewcont ent.cgi?article=1001&context=marriag

eandfamilies



COMMUNITY

Tintic Elks # 711 COVID Pandemic Food Bank

ATTENTION

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Tintic Elks # 711 will be holding a COVID Pandemic Food Drive for all residents.

PLACE:	Tintic Elks Lodge # 711
DATE:	January 16, 2021
TIME:	10:00 - 2:00

If you are elderly, disabled, or unable to come and pick-up food, please contact Exalted Ruler Caitlin Bird or Trustee Robert Pagnani for possible arrangements.

"ELKS CARE ELKS SHARE"

ADVERTISE

Advertise your business in the Eureka Review. The Eureka Review is also online on the City website: www.eurekautah.org

1/8 page\$3.001/4 page\$6.001/2 page\$12.00Full page\$24.00

Contact the Eureka City Office at

(435) 433-6915

or email at eureka15@cut.net



~ Mason Cooley

"Reading gives us someplace to go

when we have to stay where we are."

TAKE A BOOK • SHARE A BOOK



<u>What:</u> Books for young children, school-aged children, young adults, and adults.

How: The library is filled with books and checked often. Feel free to take a book or share a book.

Where: Old Eureka City Building (on top of the porch) 255 Main Street Eureka, UT

Use the books and enjoy!!

LEGAL

NOTICE OF ANNUAL MEETING SCHEDULE

Eureka City Council

Public notice is hereby given that the Year 2021 Annual Meeting Schedule of the City of Eureka, Utah is as follows:

WORK MEETINGS	DATE	REGULAR MEETINGSDATE	
January	No Meeting	January	11
February	1	February	8
March	1	March	8
April	5	April	12
May	3	May	10
June	7	June	14
July	6 (Tuesday)	July	12
August	2	August	9
September	7 (Tuesday)	September	13
October	4	October	12 (Tuesday)
November	1	November	8
December	6	December	13

Eureka City Council will hold a work meeting on the first Monday of each month at 7:00 p.m. at the Eureka City Hall, 15 North Church Street, Eureka, Utah. When a regularly scheduled work meeting falls on a legal holiday, the meeting will be held the following Tuesday. The public is welcome to attend.

Regular meetings will be held in the Eureka City Hall, 15 North Church Street, Eureka, Utah, on the second Monday of each month. When a regularly scheduled meeting falls on a legal holiday, the meeting will be held the following Tuesday. Council Meetings will commence at 7:00 p.m.

By order of the Eureka City Mayor and Council.

Patricia Bigler, Eureka City Recorder

NOTICE OF ANNUAL MEETING SCHEDULE

Eureka City Planning Commission

Public notice is hereby given that the Year 2021 Annual Meeting Schedule of the Eureka City Planning Commission of Eureka, Utah is as follows:

REGULAR MEETINGS	DATE		
January	28		
February	25		
March	25		
April	29		
May	27		
June	24		
July	29		
August	26		
September	30		
October	28		
November	24 (Wednesday)		
December	30		

Regular meetings will be held in the Eureka City Hall, 15 North Church Street, Eureka, Utah, on the last Thursday of each month. Meetings will commence at 7:00 p.m.

By order of the Eureka City Mayor and Council.

Patricia Bigler, Eureka City Recorder

January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 BPOE ELKS Meeting 8 pm	2
3	4	5 Ladies of ELKS Meeting 7 pm	6	7	8	9
10	11 City Council Meeting 7 pm	12	13	14	15 BPOE ELKS Meeting 8 pm	16
17	18 MARTIN LUTHER KING DAY	19 Ladies of ELKS Meeting 7 pm	20	21	22	23
24 31	25	26	27 Food Bank 1-2 pm	28 Planning Meeting 7:00 pm	29	30