



VOLUME 13, ISSUE 9

SEPTEMBER 2021

Eureka City and the Tintic Silver Jubilee Committee would like to thank all those that made our celebration a success! From those that supported and participated in the parade, vendors, businesses, visitors and most important, our townspeople, for making it all come together. We appreciate all the hard work, support and dedication that our committee put in to bring you the *2021 Tintic Silver Jubilee*!

We would however like to give a *"Special Thank You"* to our Sponsors/Donors for this year's celebration, without their support, our annual celebration would not be possible:

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Charlie D's Heavy Equipment Repair **Big Pine Sports** Best Deal Springs and Truck Parts Rhine Linings of Springville Crouch's OK Service Sounds Unlimited - Howard Western Wall Family Carpentry *Tintic Elks Lodge* #711 Indian Farm Mullet Hoover Jewelry and Awards Napa Payson Auto Supply Sonic Drive In Dairy Queen Springville Meat Company Chief Consolidated Mining Company Kim Pannell Ivanhoe Electric. Inc. B's Hangout Sipping Magic - Jesica Severa

Thank You 🗘



DEADLINE FOR TURNING IN COLORING PAGES IS SEPTEMBER 28TH.

WHEN FINISHED, TAKE YOUR COLORING PAGE TO THE EUREKA CITY HALL TO BE HUNG UP BE SURE TO HAVE YOUR FULL NAME AND AGE ON PAPER. WINNERS WILL RECEIVE A PRIZE AND THEIR COLORING PAGES WILL BE FEATURED IN THE EUREKA REVIEW IN THE FOLLOWING MONTH.





BUILDING INDEPENDENCE IN COLLEGE-AGED KIDS By: Sydney Samuelson, Juab County USU Extension Intern



The move to college is like standing on the end of the high dive. Students are assured that once they're in the water life is great, but the fall still seems incredibly scary. Watching a child take this leap can be equally terrifying for the parents. As much as they might want to, the parents can't build a ladder for their child to safely climb down.

Unless the soon-to-be college student knows the proper way to land into their university experience, it could be painful. The secret to a successful dive? Independence.

Here are a few tips to build independence in students about to leave for college:

Building independence tip #1: Help students develop skills they'll need in college.

By the time they head to college, students have probably cooked a meal and changed a load of laundry. However, this doesn't mean they are ready to live on their own. There are many household chores and skills that will be essential. Becoming more capable in these areas is a great way to prepare for life outside of the home.

Skills can include anything from cleaning bathrooms to managing finance. Parents should invite their children to participate in projects, ask questions, and be involved, rather than doing the tasks for them. This is one of the best ways for college students to master important skills. ("College Students" 2020)

Building independence tip #2: Let your student do all the talking with the college.

Communication skills are vital to being independent. A great way for students to expand this talent is by communicating with their college. By having all the talking happen between the college and the student themselves, students will learn to speak up and problem solve without relying on their parents.

Of course, this doesn't mean parents can't help! But parents should guide their children towards a solution instead of solving problems for them.

Building independence tip #3: Give them the reins now (while they're on a relatively safe horse).

Moving out to college is a whirlwind of firsts for students. This will likely be the first time they'll live away from home, create a budget, set schedules, and be solely responsible for their academics. Letting students take more responsibility will not only prepare them for handling even more later, but it will lighten the parents' workload.

Giving them opportunities to make decisions and live with the consequences at home creates a place to practice in a safer environment. (Emerson, 2019)

Building independence tip #4: Make sure they know that most colleges have great support systems.

Being independent doesn't mean you can't ask for help! Colleges are aware that the best way for their students to learn is to help them feel safe and at home. Students should know where to find the resources available to them at their college. There will be everything from libraries and mental health counselors, to medical care and tutoring. Let them know that there is no shame in needing help, and their experience will be much easier if they find the help they need.

Building independence tip #5: Encourage students to get involved socially at college.

Part of independence is finding new people to guide you in life. In college, there are so many opportunities for new friends. Most colleges and universities have at least one activity a week- but usually closer to one a day. There are also lots of clubs where students can expand their horizons, and just have fun! Besides, being social helps prepare students for life after school. Navigating relationships and boundaries is another crucial skill. "Closely related to relationship building is the skill of setting appropriate boundaries. Knowing how and when to say "no" in an appropriate but firm way to people ranging from a boss to a friend to a romantic partner can be challenging to newlyminted adults who are used to seeing anyone older as an authority figure, but it's important in establishing both good relationships and a healthy balance between needs, desires, and obligations." (Rubin, 2019)

College-aged kids have a unique opportunity to go out into the world and learn how to be on their own. It can seem overwhelming, but with proper preparation and skills, they can hit the water with a perfect score.

College Students: Tips for Supporting Learning at Home. Child Mind Institute. (2020, May 8). https://childmind.org/article/college-students-tips-forsupporting-learning-at-home/.

Emerson, J. (2019, May 3). *Tips for Parents on Teaching College-Bound Students How to Be Independent*. Tips for Parents on Teaching College-Bound Students How to Be Independent | USF Admissions. https://admissions.usf.edu/blog/tips-for-parents-on-teaching-college-bound-students-how-to-be-independent. Rubin, A. S. (2019, August 29). Top 10 Life Management Skills Young Adults Need for Independence. New Directions for Young Adults. https://www.ndfya.com/2018/01/23/top-10-life-management-skills-young-adults-need-for-independence/.



Eureka Mini-Miner Wrestling

For <u>ANY</u> student Pre-Kindergarten – 6th grades.

Wrestling season is on !!!

League will begin in late October and run through the middle of December.

Cost is as follows:

\$35 for Registration

\$40 for Late Registrations



Register at the Eureka City Office by the **15th of October**. Registration includes a T-shirt, weekly practice and approximately 6 tournaments. Practices will be held at Tintic High School and tournaments will be held in Santaquin, Payson, Salem or Spanish Fork. Singlets and wrestling shoes are recommended, but not required.

If you have any questions, please contact

Jordan Grimstead @ (801)210-7277

COMMUNITY



eccollier@insideinsurance 801-362-1090 P.O. Box 91 Eureka UT. 84628

Deadline is on the 25th of each month

(435) 433-6915

or email at eureka15@cut.net



OBITUARIES



Sarah (Salabye) Barlow

March 16, 1945 ~ August 19, 2021 (Age 76)

In the wee morning running hours reminiscent of her days as a distance runner Sarah Salabye Barlow passed into eternity August 19, 2021. She valiantly fought dementia and other cognitive related diseases for nearly 10 years. Sarah loved and accepted everyone and was loved by all who knew her just as she loved to them.

She was born March 16, 1945 to Jimmy Salabye and Lena Curley. She was the third of 13 children. She graduated from Ganado High School in Arizona and later would serve an LDS mission to her people on the Navajo reservation. She loved her language and culture. In 1977 she graduated from BYU with a degree in Elementary Education.

In 1989 she was the first person authorized by the state of Utah to teach Navajo language and culture in a high school setting. In addition to her teaching duties she also coached

Cross Country and led her teams to four consecutive state championships. Before beginning her work as a professional teacher she was a school bus driver. In later years she would teach early morning seminary in the Eureka community.

She is survived by her husband of 51 years, Ron; her children Janet Waldron (Chad), Alan (Heidi), Ruth Barlow Mathusek (Jared), Dianna(Jon), Douglas (Anna), Sarah (Patrick), and Holly Billie, and fourteen foster children. Her 28 grandchildren were the love of her life. She was preceded in death by twin daughters, Karol and Karen; her father Jimmy Salabye, mother Lena C. Shirley, her brothers Norman, James, and Leroy, and her sister Roslita.

She was famous for sharing her hugs with anyone in need of them. She was known as "Mom" by many of her students and runners.

Funeral services will be held Thursday August 26, 2021 at 11:00 am at the Eureka LDS Church, 70 East Main. Friends may greet family Wednesday August 25th from 6:00 - 8:00 pm at Brown Family Mortuary 66 South 300 East Santaquin, and also Thursday from 9:30 - 10:30 am prior to services. Interment, Eureka Cemetery.





Carla (Dean) Fields

March 1, 1953 ~ August 23, 2021 (Age 68)

Carla Dean Fields, 68 of Eureka, UT, peacefully passed away August 23rd, 2021. Carla had been battling cognitive deficits and other health conditions following a severe hemorrhagic stroke in May, 2010. Carla was surrounded by those dearest to her at the time of her passing.

She was born March 1st, 1953 in Anchorage, Alaska, the daughter of Harry W. Dean and Ludene (Dean) Fields. She married her high school sweetheart Robert K. Fields May 6th, 1972 in Eureka, UT. Later on they were sealed for time and all eternity on May 6th, 1999 in the Salt Lake temple. She was blessed with two beautiful children Travis Fields and Tiffanee (Fields) Cravens.

Carla loved playing the piano and touched many through her musical talents. She loved camping, fishing, hunting and loved spending time with her children and grandchildren who were the light of her life.

She is survived by her husband: Robert K. Fields, Children: Travis & Jenifer Fields, Tiffanee & Todd Cravens, grandchildren: Haydn, Braxtn, and Brookelyn Fields, Jadon, Joshua and Justin McGuire. Sister : Laray Larson. She is preceded in death by her parents and younger sister Julie.

Funeral services will be held Saturday August 28th at 11:00 A.M at the LDS church in Eureka Utah, 70 East Main St. Interment, Spanish Fork Cemetery.

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September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 BPOE ELKS Meeting 8 pm	4
5	6 City Office Closed For Labor Day Holiday	7 City Council Work Meeting 7:00 pm	8	9	10	11
12	13 City Council Meeting 7 pm	14 Ladies of ELKS Meeting 7 pm	15	16	17 BPOE ELKS Meeting 8 pm	18
19	20	21	22	23	24	25
26	27	28 Ladies of ELKS Meeting 7 pm	29 Food Bank 1-2 pm	30 Planning Meeting 7:00 pm		

October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 BPOE ELKS Meeting 8 pm	2
3	City Council Work Meeting 7:00 pm	5	6	7	8	9
10	11 COFOMBOR (City Office Will Be Closed)	12 City Council Meeting 7:00 pm Ladies of ELKS Meeting 7 pm	13 DUP 12:00 pm L. D. S. Church	14	15 BPOE ELKS Meeting 8 pm	16
17	18	19	20	21	22	23
24	25	26 Ladies of ELKS Meeting 7 pm	27 Food Bank 1-2 pm	28 Planning Meeting 7:00 pm	29	30
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